## **Aquatics Schedule**

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Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
12pm-3:45pm <b>Open Swim</b> Age 8+	12pm-3:45pm <b>Open Swim</b> Ages 8+				
5:15pm-5:45pm Open Swim Ages 8+	5:15pm –5::45pm Open Swim Ages 8+		osed Wednesday through months. Or pool will be open Wed	n Saturday during th	<sub>ne summer</sub> <sub>nday</sub> .
6:00pm—7:30pm Adult Swim Ages 18+	6:00pm-7:30pm Adult Swim Ages 18+	Indoor Pool is clo Our outdoo	<sub>ised</sub> Wednesday through months. <sub>Or P</sub> ool will be open Wed	Inesday Com	





WEIGHT ROOM	Mon - Fri	12pm-7:30pm	Ages 18+
WEIGHT ROOM	Sat	10 <del>.</del> 5:30pm	Ages 18+
Summer Lunch	Mon - Fri	12pm-1pm	Ages 3-18
Outdoor pool/slash pad	Mon-Sat	12pm-7pm	Ages 8-18
T-ball	Saturday	11am—12 noon	Ages 4—7
Rookie League	Friday	5pm-6pm	Ages 8-13
Beginners Čardio	Tue & Thru	3pm-4pm	Ages 13-18

**PIO Programs** Superhero Comics

Mon & Wed 5:30pm -6:30pm Ages 8-17 4pm-6pm Ages 8-17 Recording Arts Tech Tue &Thru

## Gymnasium Schedule

Tuesday Wednesday Thursday Friday Saturday Monday 12:00pm - 3:00pm 10:00am - 2:00pm 12:00pm - 3:00pm 12:00pm - 3:00pm 12:00pm - 3:00pm 12:00pm - 3:00pm Open Gym Open Gym Open Gym Open Gym Open Gym Open Gym Ages 8-17 Ages 8-17 Ages 8-17 Ages 8-17 Ages 8-17 Ages 8-17 3:00pm - 4:30pm 2:00pm-3:00pm **Beginners Cardio** Open Gym Open Gym Open Gym **Beginners Cardio** Open Gym Ages 8-17 Ages 13 - 18 Ages 8-17 Ages 13 -18 Ages 8-17 Ages 8-17 5:00pm-6:00pm 5:00pm-6:00pm 5:00pm-6:00pm 5:00pm-6:00pm 5:00pm-6:00pm 3:00-5:30pmm **Family Time** Open Gym Open Gym Open Gym Open Gym Open Gym Ages 8-17 Ages 8-17 Ages 8-17 Ages 8-17 Ages 8-17 All Ages 6:00pm-7:30pm 6:00pm-7:30pm 6:00pm-7:30pm 6:00pm-7:30pm 6:00pm -7:30pm Open Gym Volley Ball Open Gym Volley Ball **Family Nite** Ages 13-17 18+ Ages 13-17 18+ All Ages

> Every 4th Saturday of each month from 11:00am—4:00pm we will have Gymnasium Fun Day Games. Open registration for 2 Ball, 3 on 3 and Hotshot games for ages 8—16. All are Welcome.





All children 7 years old and under and less than 4 feet tall must be accompanied and supervised in the water by an adult. Two children per adult.